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ABSTRACT

One of twenty course guides in the Community Living Skills Guide for the College of Living, this document provides guidelines and workbook activities for the course, Wardrobe II. The series of courses for developmentally disabled adults is intended to supplement residential programs and to aid in orienting institutionalized persons to eventual integration into the community. Goals and objectives for the course include gaining a basic understanding of fit, condition, price, coordination, and quality when purchasing a wardrobe by individualized instruction through one to three quarters of instruction. Contents include lesson plans with teacher notes, classroom activities, homework assignments and workbook exercises, and a vocabulary list. The course, Wardrobe I, is available as CE 024 492. Other guides in the series and related documents (a volunteer training workshop packet and curriculum guides for fourteen courses) are available separately. (See note.) (YLB)

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# COMMUNITY LIVING SKILLS GUIDE

## Wardrobe II

Selection and Buying of Clothing

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CE 024 493

COMMUNITY LIVING SKILLS GUIDE FOR THE COLLEGE FOR LIVING

# Wardrobe II: Selection and Buying of Clothing

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Goals:

Basic understanding of fit, condition, price, coordination, and quality when purchasing a wardrobe will be gained from individualized instruction through Wardrobe II taking from 1-3 semesters to learn these skills. Pre-requisite: Wardrobe I or taking Wardrobe I test.

Objectives

Fit

The student will choose between two pre-selected garments (by teacher) for appropriate fit, checking waist, shoulders, length, bust, hips, sleeves.

Price

The student will choose the least expensive comparative price-shopping through newspaper and catalogue examination.

Coordination

The student will select and wear color-coordinated attire for three occasions out of four.

Quality/Condition

In class, the student will check for these flaws in sample garments: rips, loose hems, missing buttons, broken zippers, spots, and unstitched seams.

STEP I: Shopping for Clothes

Activities

1. What do you look for when you go shopping to buy clothes? Discuss.

   Then list.

Teacher Note:

While discussing, print key words on board so that students can copy.

Did you list these?

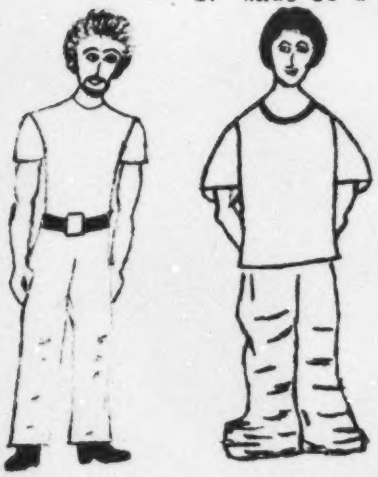
1. You look for something you need.
2. You match/coordinate with things you already have.
3. You check the price.
4. If the price is within your budget, then you try the outfit on.
5. Can it be taken of easily, i.e., perma-press, or cotton, if you iron.
6. Fit -- does it fit comfortably and not too large or too small.
7. You check that it is well made; hem, no spots, tears, missing buttons, etc.
8. Think it over. If you decide to buy, hand out to student so that he can look at it during the week.
9. Purchase it.

2. Make a list of MUSTS about shopping.
3. Draw pictures or write a story about a successful shopping adventure and then one about a not-so-successful shopping trip.
4. Make up a card of rules for successful shopping.

Step II: Size

Activities:

1. What is a good fit? Discuss--Then role-play.



Teacher Note:

Bring several sizes of clothes. Try on for fit. Use full-length mirror or video-tape ideas to emphasize: fit in shoulders, length, waistline, sleeves, hips, chest. Let students discover or choose themselves--add if no one else does.

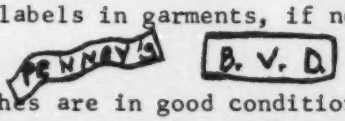
2. Try on several sizes of clothes that are brought to class.

3. Go to a store and try on clothes for proper fit.

Step III: Condition/Quality

Activities:

1: Check for labels in garments, if no label ask salesperson for help.




Which clothes are in good condition? Which are in poor condition? Remember the rules for buying. Bring out rules buying sheet.

Teacher Note:

Teacher must bring permapress, wool, etc. Also bring in clothes in varying conditions.

2: Make a card up of things to check for.

Teacher Note:

Sample card:
Material rips
Zipper zips
Buttons button
Hems hemmed
No spots
Unstitched seams

Assignment: Go home and check your clothes for their condition.

GOOD O.K. BAD

Step IV: Price $

Activities:

1. How much can you afford?

   Good rules for price:

   A. Spend what your budget allows.
   B. Set a price before you go shopping.
   C. Buy clothes only when you need them.

2. Use newspaper or catalog and shop comparatively.

3. Role-play buying in a store.

Teacher Note:

Use clothes that you have borrowed for the occasion.

Homework: Think about what you need to buy. Make a list.

4. Present price problems and solve them.

   A. If you have $25.00 and need to buy underwear and a pair of jeans, about how much would you have left over for other needs? Use a catalog or newspaper.
   B. You have decided that you need a jacket. You determine that you can afford $20.00 for the jacket. You find one you like for $30.00 What should you do?
   C. Prices vary from store to store. Brainstorm a list of local stores where you can get quality items that don't cost too much (in comparison to other stores).

Step V: Coordination-Complement

Activities:

1. Use color cards from Wardrobe I. Plan three outfits. Draw pictures.

2. Before you buy, Questions You Ask Yourself:

   1. What do yo need?
   2. How much can you spend?
   3. Where will you wear it?
   4. What will you wear it with?
   5. Do you need a solid color or a pattern?
   6. What size do you wear?
   7. Can you wash it or does it have to be sent to the cleaners?

3. Discussion Homework from Step IV.

Step VI: Critical Shopping

Shopping trip for students to look at clothing. Plan to look, not to buy. At the end of the trip, over coffee discuss what you have done. Are you going to buy something on the buying trip? Why?

Step VII: Buying Trip

Students who want to buy something go out and buy one specific item. Students who don't have the money or who don't want to buy can go along and help the others.

Step VIII: Wearing Something Special

Students wear something that fits, that is color coordinated, and that is in good condition and clean. Have a fashion show and invite a friend for tea and cookies.

Vocabulary:

Coordinate: complement or go together

Purchase: buy

Condition/Quality: well-made or poorly-made clothes

Wardrobe: the clothes you have to wear

Fashion show: a way to show clothes to others